

Summary of Professional Development Activities by Category Starting 2017

Category	Activity	Hours
A	Formal Courses in Upper Extremity Therapy, Greater Than 3 Hours in Length (All 80 hours may be accrued here), only CORE Upper Extremity therapy topics	No Minimum or Maximum Requirement
B	Informal Education in Upper Extremity Therapy, Less Than 3 Hours in Length	Maximum 30 Hours
C	Formal Courses with General Clinical OT or PT Content	Maximum 20 Hours
D	<p>Hand Therapy Publications</p> <ul style="list-style-type: none"> ◦ Four contact hours per page of printed text for each publication up to 10 pages for books, chapters in books, and articles in professional journals. ◦ One contact hour per page for newsletters, trade journals, or journals that are not peer-reviewed. ◦ Five contact hours for each 15 pages of editing in a book or journal. ◦ One contact hour per year for editing a newsletter. ◦ Two contact hours for publications written by a committee <p>(All 80 hours may be accrued in Category D)</p>	No Minimum or Maximum Requirement
E	<p>Hand Therapy Presentations</p> <ul style="list-style-type: none"> ◦ Four contact hours for each hour of formal presentation to health care professionals or health care students, for example, at a meeting that grants CEUs. ◦ Eight contact hours for a formal scientific or clinical paper presented at a national meeting. ◦ Two contact hours for each hour of informal presentation to health care professionals or health care students, for example, at an in-service program. ◦ One contact hour for each hour of presentation to non-health care professionals. ◦ Four contact hours for a poster presentation. ◦ Two contact hours per six hours of course material for course coordination. ◦ Up to 10 hours for teaching as part of a hand surgical trip or educational program in a developing country. <p>(All 80 hours may be accrued in Category E)</p>	No Minimum or Maximum Requirement
F	<p>Activities Related to Practice Management</p> <ul style="list-style-type: none"> ◦ One contact hour for each quarter year of completed activity. 	Maximum 6 Hours
G	<p>Activities That Promote Professional Practice</p> <ul style="list-style-type: none"> ◦ Contact hours awarded for a variety of professional activities. 	Maximum 12 Hours

Contact Hours, CEUs, and Academic Credit Awarded

- The course being submitted must specify the number of contact hours awarded.
- 1 contact hour = 1 clock hour of education
- 1 CEU = 10 contact hours
- If the course is taken through a college or university
 - One Semester Hour or one credit equals 15 contact hours.
 - One Quarter Hour or one credit equals 10 contact hours.